

CHARACTER IN MARRIAGE SERIES:
A character-based counseling resource for couples.

— THE —
FAITHFUL
HUSBAND

*Giving Your Wife
Your Exclusive Devotion*



LOVE **CAN** LAST
RESOURCES

What Is a Faithful Husband?

Most people think faithfulness simply means avoiding an affair. While sexual faithfulness is essential, a faithful husband is much more than a man who avoids betrayal.

A faithful husband gives his wife his exclusive devotion.

His heart, attention, affection, and commitment are intentionally and consistently directed to her. Whether he is with her or away from her, his wife knows she is the one he has chosen. He guards that devotion because he understands that faithfulness is built through the daily choices he makes.



THE BIG IDEA

Faithfulness is giving your wife your exclusive devotion.



REFLECT

If my wife were describing my faithfulness today, would she say she experiences my exclusive devotion? Why or why not?

What Competes for My Devotion?

Unfaithfulness rarely begins with a single decision. It usually begins when something else slowly competes for the devotion that belongs to your wife.

At first, it may seem harmless—a lingering glance, unchecked thoughts, sexually explicit images, emotional closeness with another woman, or priorities that gradually push your marriage aside. Left unguarded, these small compromises slowly divide the devotion that was meant for your wife alone.

A faithful husband doesn't simply avoid betrayal. He intentionally protects his exclusive devotion.



THE BIG IDEA

Every act of faithfulness protects my devotion.

Every act of unfaithfulness divides it.



The Faithful Husband Asks...

- Does this protect my devotion to my wife?
- Is my attention moving toward my wife or away from her?
- Does this strengthen or weaken her trust in me?
- Am I guarding my eyes, thoughts, and heart?
- What choice best honors my exclusive devotion to my wife?



Divided Devotion Says...

- It's only a look.
- It's just a fantasy.
- She'll never know.
- My marriage can wait.
- I deserve this.



REFLECT

What most competes for my exclusive devotion to my wife?

The Four Expressions of Faithfulness

*Faithfulness isn't one decision.
It is four expressions lived every day.*



1. GUARD MY DEVOTION

Guard the devotion I have committed to my wife.



2. CHOOSE MY WIFE

Continually choose her over every competing priority.



3. PROTECT OUR MARRIAGE

Strengthen and defend the relationship we've been given.



4. REMAIN STEADFAST

Continue choosing her through every season of life.



REFLECT

Which expression of faithfulness comes most naturally to me?

Which expression needs the greatest growth?

The Everyday Choices of Faithfulness

Faithfulness is revealed one choice at a time. While some choices seem small, they either strengthen or weaken the devotion you have promised your wife.

A faithful husband understands that his eyes, thoughts, priorities, boundaries, and responses all shape the kind of marriage he is building. Every day presents another opportunity to choose faithfulness.



THE BIG IDEA

Every day, my devotion will be tested. Every day, I choose whether to strengthen or weaken it.

 THE TEST	 THE FAITHFUL CHOICE	 MY WIFE EXPERIENCES
 An attractive woman catches my attention.	I guard my eyes. I refuse to linger because my devotion belongs to my wife.	<i>She experiences exclusive devotion.</i>
 I'm tempted to hide something or keep a secret.	I choose honesty. I protect our marriage by living transparently.	<i>She experiences trust and security.</i>
 Work, hobbies, or other priorities begin competing for my time.	I choose my wife. I intentionally give her my best attention and time.	<i>She experiences being chosen.</i>
 Sexual images or fantasies tempt my mind.	I guard my thoughts. I refuse to give another woman that devotion I have committed to my wife.	<i>She experiences faithfulness and security.</i>
 Marriage feels difficult, distant, or disappointing.	I remain steadfast. I continue moving toward my wife instead of pulling away.	<i>She experiences consistency and commitment.</i>



REFLECT

What everyday test most challenges my faithfulness, and what faithful choice will I make when it comes?

Faithfulness Is Experienced

Faithfulness is built through the daily choices you make. Over time, those choices become patterns that shape the kind of husband you are and the kind of marriage you build.

Your wife experiences those patterns through their impact on your relationship.



THE BIG IDEA

Faithfulness is built through my choices and experienced through their impact on my wife.

HOW DOES MY WIFE EXPERIENCE MY FAITHFULNESS?



She experiences confidence when...

What words, actions, or habits consistently reassure her of your devotion?



She experiences uncertainty when...

What habits, distractions, or patterns cause her to question your devotion or feel emotionally disconnected?



She experiences trust when...

What choices demonstrate that your words, priorities, and commitments can be counted on?



She experiences being chosen when...

What intentional actions remind her, "You are still the one I choose."



REFLECT

What is one intentional way I can help my wife experience my faithfulness this week?

Faithfulness becomes visible through the way I consistently choose my wife.

Begin the Practice

Faithfulness is not built in one defining moment. It is built through the daily choices that protect and strengthen your devotion to your wife.

Every day you have another opportunity to choose her. Every faithful choice strengthens your marriage and shows your wife that she remains the one you choose.



MY COMMITMENT

When my devotion is tested this week, I will remember...



MY VISION

What kind of husband do I want my wife to experience because of my faithfulness?



MY PRACTICE

Which expression of faithfulness will I intentionally practice this week?

☐

Guard My Devotion

I will guard my eyes, thoughts, heart, and desires.

☐

Choose My Wife

I will intentionally choose my wife over competing priorities, distractions, and desires.

☐

Protect Our Marriage

I will strengthen my marriage by honoring healthy boundaries and making choices that build trust.

☐

Remain Steadfast

I will continue choosing my wife through every season, regardless of circumstances.



FINAL THOUGHT

“My devotion still belongs to you.”

One faithful choice at a time.